

Screen



BRIEF BIOSOCIAL GAMBLING SCREEN (BBGS)

1. During the past 12 months, have you become restless, irritable or anxious when trying to stop/cut down on gambling?

YES NO

2. During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?

YES NO

3. During the past 12 months, did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends or welfare?

YES NO

A positive response to any of the 3 questions suggests a person may be at risk for problem gambling.

NO-COST, CONFIDENTIAL HELP IS AVAILABLE 24/7.



TEXT
SUPPORT to 53342



CALL
1-800-GAMBLER



CHAT
visit 800gambler.chat



Learn more at problemgambling.ca.gov