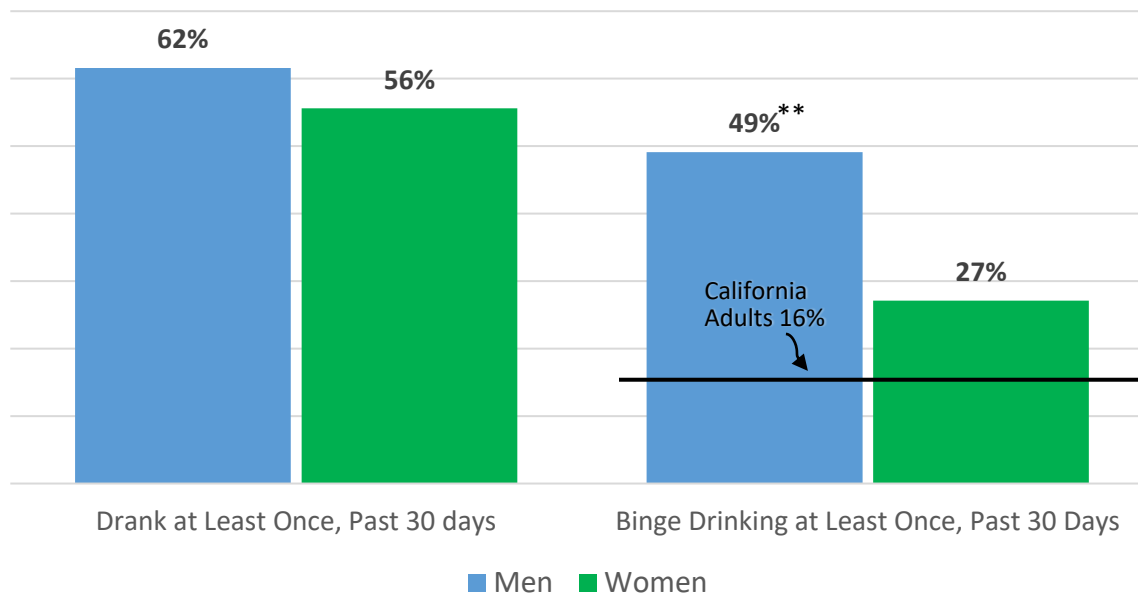


CalGETS Fast Facts

Problem Gamblers Engage in Binge Drinking More than Other Californians

April 2020

CalGETS Problem Gamblers' Binge Drinking by Gender



Between July 1, 2018 and June 30, 2019, 760 problem gamblers entered outpatient treatment. They were asked about their drinking histories.

At intake, 60% of men and women reported that they drank alcohol. Of those who drank, 42% reported binge drinking in the past month. This is nearly three times the binge drinking percentage reported by the Centers for Disease Control for California adults (16%).

A higher percentage of men reported drinking compared to women, but the difference was not significant. However, the percentage of men reporting binge drinking (49%) was significantly higher than women's binge drinking (27%).

Source – *Outpatient Gamblers*: CalGETS Fiscal Year 2018-19 dataset, prepared for the California Department of Public Health, Office of Problem Gambling by the University of California Los Angeles Gambling Studies Program. CalGETS treatment participants were asked: “How many times in the past 30 days did you have 5 or more (men) or 4 or more (women) drinks on an occasion?”
California Binge Drinking: Centers for Disease Control, Behavioral Risk Factor Surveillance System, Web Enabled Analysis Tool [online], 2018. [Accessed April 27, 2020; weighted data.]
<https://nccd.cdc.gov/weat/#/analysis> **p<.001